



**AMPM RESTAURANT**  
**ALLERGEN TABLE - SPRING 2021**

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**ALLERGEN TABLE**

*Our dish descriptions don't always mention every single ingredient, so just ask if you're unsure.*

*Please inform one of our team of your specific allergy or dietary requirement when ordering, even if you have eaten the dish previously.*

















*Our suppliers and kitchens handle numerous ingredients and allergens. Whilst we have strict controls in place to reduce the risk of contamination, unfortunately it is not possible for us to guarantee that our dishes will be 100% allergen or contamination free.*

















*Please note that allergens contained within our condiments & extra toppings are not included in this information.*

*The parmesan offered at your table contains milk and egg and will alter the suitability of your dish.*

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## ALLERGEN TABLE

















SMALL PLATES																	
	CELERY 	CEREALS WITH GLUTEN 	CRUSTACEAN 	EGGS 	FISH 	LUPIN 	MILK 	MOLLUSCS 	MUSTARD 	NUTS 	PEANUTS 	SESAME 	SOY BEANS 	SULPHUR DIOXIDE / SULPHITES 	IS THIS ITEM SUITABLE FOR?		
															VEGETARIAN 	VEGANS 	COMMENTS
Braied Beef Slider	✓	✓		✓			✓		✓				✓				
Bohemian Chicken				✓					✓								
Duck Fritters		✓		✓													
Arancini		✓		✓			✓								✓		
Hummus		✓										✓			✓	✓	
Bruschetta		✓					✓		✓					✓*	✓	✓	Vegan on request
Smoked Mackerel Paté		✓			✓		✓		✓								
Olives									✓						✓	✓	
FOOTER COMMENTS																	

STARTERS, LITE BITES, SHARING BOARD																	
	CELERY 	CEREALS WITH GLUTEN 	CRUSTACEAN 	EGGS 	FISH 	LUPIN 	MILK 	MOLLUSCS 	MUSTARD 	NUTS 	PEANUTS 	SESAME 	SOY BEANS 	SULPHUR DIOXIDE / SULPHITES 	IS THIS ITEM SUITABLE FOR?		
															VEGETARIAN 	VEGANS 	COMMENTS
Soup of the Day		✓					✓								✓		
Duck Liver Parfait		✓		✓			✓							✓			
Smoked Samlon				✓	✓		✓		✓								
Moules Mariniere		✓					✓	✓						✓			
Feta Fritters		✓		✓			✓			✓*					✓		Walnuts
Atrisinal Bread for Two		✓					✓								✓	✓*	Vegan on request
Bohemian Chicken				✓													
Salt & Pepper Squid				✓				✓									
Falafel		✓							✓						✓	✓	
Soup (Ve)		✓													✓	✓	
Bruschetta (Ve)		✓					✓		✓						✓	✓*	Vegan on request
FOOTER COMMENTS																	

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MAIN-COURSE DISHES																		
	CELERY 	CEREALS WITH GLUTEN 	CRUSTACEAN 	EGGS 	FISH 	LUPIN 	MILK 	MOLLUSCS 	MUSTARD 	NUTS 	PEANUTS 	SESAME 	SOY BEANS 	SULPHUR DIOXIDE / SULPHITES 	IS THIS ITEM SUITABLE FOR?			
															VEGETARIAN 	VEGANS 	COMMENTS	
Bohemian Burger		✓		✓			✓		✓			✓						
Thai Green Curry										✓*						✓	✓	Vegan on request
Daube of Beef	✓	✓					✓							✓				
Smoked Cod		✓		✓	✓		✓							✓				
Roast Chicken Supreme							✓							✓				
10 Oz Dry Aged Sirloin							✓		✓					✓				
Vegan Burger		✓										✓			✓	✓		
Duck Two Ways		✓					✓							✓				
Risotto				✓			✓				✓*			✓	✓	✓*		Pecans. Vegan on Request
Salt & Pepper Squid								✓										
Moules Mariniere		✓					✓	✓						✓				
FOOTER COMMENTS																		

SIDE DISHES																		
	CELERY 	CEREALS WITH GLUTEN 	CRUSTACEAN 	EGGS 	FISH 	LUPIN 	MILK 	MOLLUSCS 	MUSTARD 	NUTS 	PEANUTS 	SESAME 	SOY BEANS 	SULPHUR DIOXIDE / SULPHITES 	IS THIS ITEM SUITABLE FOR?			
															VEGETARIAN 	VEGANS 	COMMENTS	
Seasonal Greens							✓									✓	✓*	Vegan on Request
Champ							✓									✓		
Million Dollar Fries		✓		✓			✓											
Skinny Fries																✓	✓	
Tossed Salad									✓							✓	✓	
Hand Cut Chips																✓	✓	
Duck Macaroni		✓		✓			✓							✓				
FOOTER COMMENTS																		

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## ALLERGEN TABLE

DESSERTS																	
	CELERY 	CEREALS WITH GLUTEN 	CRUSTACEAN 	EGGS 	FISH 	LUPIN 	MILK 	MOLLUSCS 	MUSTARD 	NUTS 	PEANUTS 	SESAME 	SOY BEANS 	SULPHUR DIOXIDE / SULPHITES 	IS THIS ITEM SUITABLE FOR?		
															VEGETARIAN 	VEGANS 	COMMENTS
Chocolate Delice		✓		✓			✓			✓*					✓		Hazelnuts.
Buttermilk Panna Cotta							✓								✓		
Sticky Toffee Pudding		✓		✓			✓								✓		
Pistachio Raspberry Bakewell Tart		✓		✓			✓			✓*					✓		Almonds & Pistachio
Cheeseboard		✓					✓								✓		
Vegan Tart		✓								✓*					✓	✓	Almonds.
Vegan Chocolut & Coconut Torte		✓													✓	✓	
FOOTER COMMENTS																	

CHILDRENS MENU																	
	CELERY 	CEREALS WITH GLUTEN 	CRUSTACEAN 	EGGS 	FISH 	LUPIN 	MILK 	MOLLUSCS 	MUSTARD 	NUTS 	PEANUTS 	SESAME 	SOY BEANS 	SULPHUR DIOXIDE / SULPHITES 	IS THIS ITEM SUITABLE FOR?		
															VEGETARIAN 	VEGANS 	COMMENTS
Beef Burger		✓					✓										
Chicken Tenders with beans & fries																	
Macaroni & Cheese		✓					✓										
FOOTER COMMENTS																	



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